

FINAL Bulletin (No 3)

DERWENT RIVER CRUISE

As we near the Cruise event here is the final bulletin with all remaining items to take a note of please.

We are including a sketch map of the Course and a map of the River Gardens to help you. You should be able to find all the important locations on them.

Before the day would you please glance through Bulletins 1 and 2 again to remind yourselves of the various arrangements. Hopefully you received these by email but if not, they are on the Peak website in the events section.

Entries Close at Midnight on Thursday 30th April, this is to ensure everyone is fully aware of the important details of the Event.

If you know of others that are intending to enter please remind them to get their entries in.

As I write we are over 60 entrants and so we will need to be efficient at getting on the water **from 12:00 onwards so please launch as soon as you are able too.**

We will have launch assistants to help you and safety boats in place.

Once on the water you are welcome to paddle around the River Gardens area **but not upstream please until the official start at 13:00 (after the whole group photo opportunity).**

For obvious reasons, there is no access during the whole event to the water below the 'River Gardens Boom', please respect this.

The Course

The Start point will be at the North end of the River gardens before the first of the two Islands. The two Islands are marked on your course map and our Cruise and Race route keep to the East (A6) side of the river both going upstream and returning back downstream to respect the Belper Angling Club's privacy.

Once past the second island the whole width of the river is available to you, however, there is no landing allowed on any riverbank for the whole length of the course.

Please use the public toilets before you embark on to the river.

At the turning around point at Ambergate we will have one of our Safety Team paddlers anchored in the middle of the river. Those racing will need to draw level with the turn boat before continuing on back to the River Gardens.

Water Quality and Illness

Most paddlers are now very aware that river water quality is rarely clean enough to drink and of the need to clean hands before eating or drinking and after paddling.

You are reminded of water borne diseases and to consult professional medical help if you are unwell following any paddling session and have in mind Weils disease is always a consideration.

Problem?

If you experience a problem during the Cruise where you need assistance please make contact with one of our Safety Team. If for some reason this is not possible your emergency number on the day is 07979445571.

Adverse Weather

If we experience very poor weather on the Cruise Day or if the river becomes too high for safe paddling we will be posting any cancellation notice on the website before 08:00 on the day.

Timings

On the Day Timings are on page 2 of bulletin No 2 please remind yourselves of these.

Clothing

We remind you that the weather at this time of year can still be cold and wet, at present the forecast is mixed, so we ask all participants to wear appropriate and warm paddling clothing on the day and have with you extra layers and waterproofs.

Food/Drink

We suggest Cruise paddlers take an energy bar or two and have access to a drink.

Alcohol or illegal substances are not allowed during the Cruise, or should not be taken beforehand. We reserve the right to withdraw any participant from taking part in the event if we suspect they are unfit to paddle.

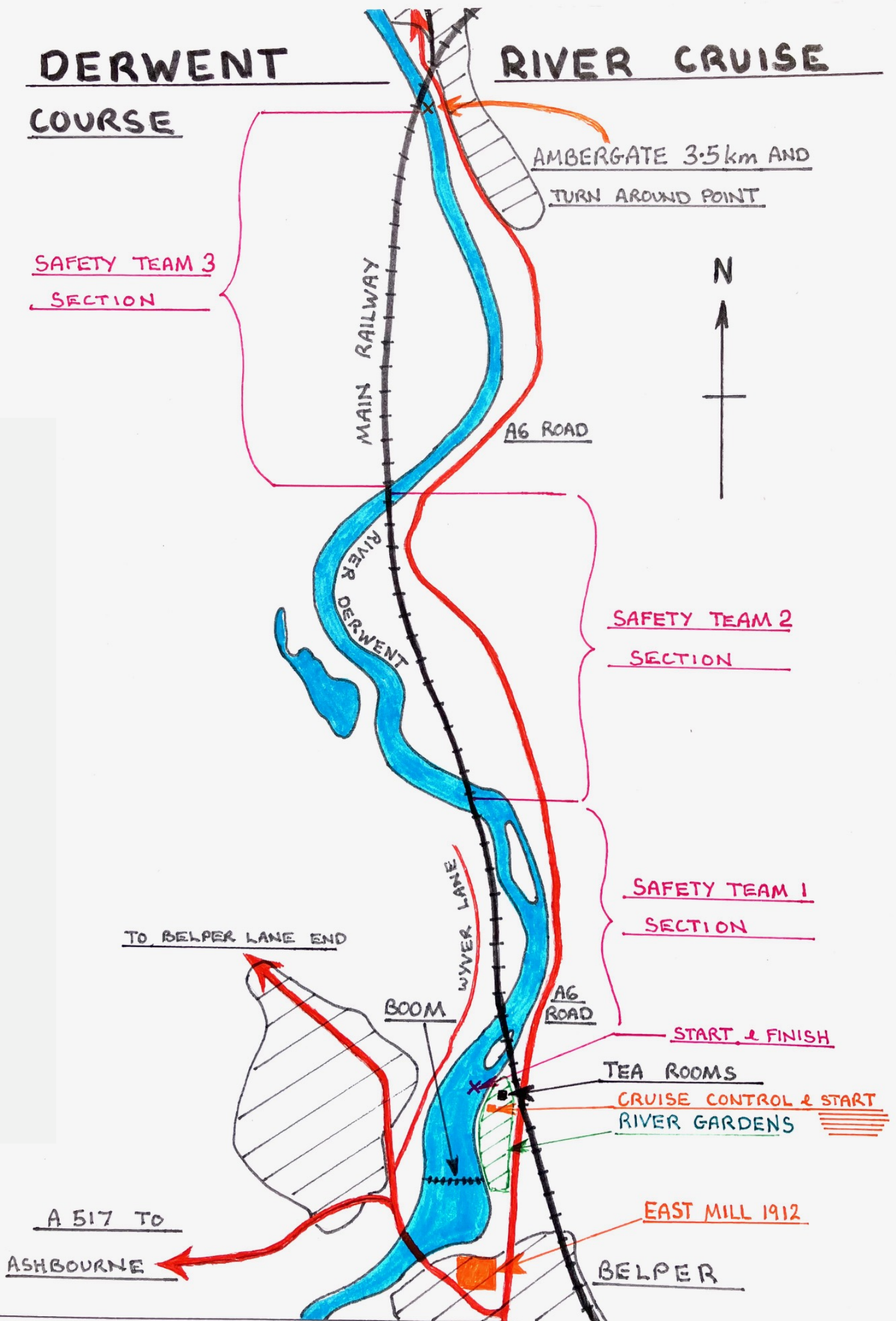
Medical

We ask that you let us know beforehand if we need to be aware of any medical condition that might affect your ability to normally have a safe and comfortable paddle. You can either inform us beforehand by emailing (paul@peakuk.com) or inform us at sign in.

Finally despite all the inevitable do and don't requests from us, we really do hope that everyone has a Very Enjoyable Cruise and can savour the Wonderful Legacy that the Strutt family bequeathed to the people of Belper for perpetuity.

DERWENT COURSE

RIVER CRUISE



RIVER GARDENS AND PARK AREAS

